

This Associate in Arts degree program is designed for students who plan to transfer and earn a degree in Exercise Physiology, Food & Nutrition, or Dietetics at Florida State University.

ACADEMIC PLAN: Associate in Arts Degree

## Exercise Physiology/Food & Nutrition/Dietetics Transfer Institution: Florida State University

Code 1012 Program Length 60 credits

# 2020-2021

For more information  
Contact:  
Student Affairs  
Chipola College  
(850) 718-2266



### Entrance Requirements

This major prepares students for major degree study in exercise physiology, food & nutrition science, or dietetics. **All first time in college (Fall 2014 and beyond) students are required to successfully complete two years of the same foreign language in high school or two semesters of the same foreign language at the college level before the associate degree is awarded. Home School students must demonstrate competency through competency testing.**

FSU requires competency in oral communications for graduation. If you took a speech course in high school or were a member of a debate team, you may exempt this requirement during the FSU admissions process. If not, take SPC 2608 at Chipola to satisfy this requirement. FSU requires basic computer proficiency. CGS 1060 or CGS1100; a grade of "C" or higher is required.

**See page 2 for major-specific courses for Exercise Physiology, Food and Nutrition, and Dietetics.**

For additional program information, visit the [FSU website](#), [program description](#), and [academic map](#).

Possible employment opportunities for this major include exercise physiologist, health/fitness instructor, and activities director. Please visit the [Occupational Outlook Handbook](#) website.

*While academic advisors, faculty and staff provide significant academic planning and related assistance to students, completion of all degree requirements, and the process of monitoring progress to that end, is ultimately the responsibility of the student.*

### FRESHMAN YEAR

1st Semester		Sem. Hrs.	2nd Semester		Sem. Hrs.
ENC 1101 <sup>1</sup>	English Composition I	3	ENC 1102 <sup>1</sup>	English Composition II	3
CHM 1045 & 1045L	General Chemistry I & Lab	4	CHM 1046 & 1046L	General Chemistry II & Lab	4
MAC 1140 <sup>6</sup>	Precalculus Algebra	3	MAC 1114 <sup>6</sup>	Plane Trigonometry	3
PSY 2012	General Psychology	3	HUN 1201 <sup>2</sup>	Elements of Nutrition	3
SPC 2608	Effective Public Speaking	3	XXX XXXX <sup>1</sup>	HUMANITIES CORE	3
SLS 1401	Career and Life Planning	1			
SLS 1101	Orientation	1			
<b>TOTAL</b>		<b>18</b>	<b>TOTAL</b>		<b>16</b>

### SOPHOMORE YEAR

1st Semester		Sem. Hrs.	2nd Semester		Sem. Hrs.
XXX XXXX <sup>1</sup>	GORDON RULE WRITING	3	XXX XXXX <sup>1</sup>	GORDON RULE WRITING	3
MAC 1311 <sup>6</sup>	Calculus & Analytic Geometry I	4	XXX XXXX <sup>3</sup>	SOCIAL SCIENCE	3
CHM 2210 & 2210L	Organic Chemistry I & Lab	5	STA 2023 <sup>4</sup>	Intro to Statistics	3
SPN 1120	Elementary Spanish I	3-4	SPN 1121	Elementary Spanish II	3-4
or XXX XXXX <sup>5,7</sup>	or ELECTIVE		or XXX XXXX <sup>5,7</sup>	or ELECTIVE	
<b>TOTAL</b>		<b>15-16</b>	<b>TOTAL</b>		<b>12-13</b>

<sup>1</sup> See General Education Requirements in the current Chipola College Catalog.

<sup>2</sup> Completed with a grade of "B" or better.

<sup>3</sup> FSU requires 6 hrs. of international/diversity courses. If you complete an AA degree before transferring, FSU only requires 3 hrs. of international/diversity coursework. Chipola courses that meet this requirement include AMH 2091/2093, ASH 1044, GEA 2001/2002, REL 2300, SYG 1010, and THE 1000.

<sup>4</sup> If you have completed STA 2122, you have met this requirement. You cannot receive credit for both STA 2122 and STA 2023.

<sup>5</sup> See page 2 for required courses for each specific major.

<sup>6</sup> Required math courses per major:  
Dietetics - MAC 1105, STA 2023  
Exercise Physiology - MAC 1105, MAC 1114, MAC 1140, STA 2023  
Food & Nutrition Science - MAC 1105, MAC 1114, MAC 1140, MAC 1311, STA 2023

<sup>7</sup> **All first-time-in-college students (Fall 2018 and beyond) are required to demonstrate competency in civic literacy through one of the following options:**

1) successfully passing either POS 2041 American Federal Government or AMH 2020 American History Since 1865, or 2) achieving the standard score on AP Government and Politics: United States, AP United States History or CLEP: American Government.

<b>Transfer programs at Florida State University</b>	<b>BSC 2010/L</b>	<b>BSC 2011/L</b>	<b>BSC 2085/L</b>	<b>BSC 2086/L</b>	<b>CHM 2211/L</b>	<b>PHY 1053/L</b>	<b>PHY 1054/L</b>	<b>MCB 2010/L</b>	<b>ECO 2013 or 2023</b>
Dietetics			X	X	X			X	X
*Exercise Physiology	X	X			X	X	X		
Food and Nutrition Science	X		X	X	X	X		X	

\* FSU Medical School requires BSC 2010 & BSC 2011 with Labs; CHM 1045 & CHM 1046 with labs; PHY 1053C & PHY 1054C with Labs; CHM 2210 & Lab, STA 2023, PSY 2012 and SYG 1000.