

This Associate in Arts degree program is designed for students who plan to transfer and earn a degree in Exercise Science at the University of West Florida.

Exercise Science prepares students for graduate study in exercise physiology and post-graduate training in medicine, dentistry, pharmacy, chiropractic, physician's assistant, and physical or occupational therapy programs. The program requires extensive coursework in anatomy, physiology, chemistry, exercise physiology, and metabolism.

For additional program information, visit the [program website](#)

Possible employment opportunities for this major include exercise physiologist, health/fitness instructor, and activities director. Please visit the [Occupational Outlook Handbook website](#).

*While academic advisors, faculty and staff provide significant academic planning and related assistance to students, completion of all degree requirements, and the process of monitoring progress to that end, is ultimately the responsibility of the student.*

**ACADEMIC PLAN: Associate in Arts Degree**

**Exercise Science**

**Transfer Institution: University of West Florida**

**Code** 1012      **Program Length** 60 credits

**Entrance Requirements**

All first time in college (Fall 2014 and beyond) students are required to successfully complete two years of the same foreign language in high school or two semesters of the same foreign language at the college level before the associate degree is awarded. Home School students must demonstrate competency through competency testing.

Minimum GPA of 2.5 with no grade lower than "C" in major courses.

**FRESHMAN YEAR**

1st Semester		Sem. Hrs.	2nd Semester		Sem. Hrs.
ENC 1101 <sup>1</sup>	English Composition I	3	ENC 1102 <sup>1</sup>	English Composition II	3
CHM 1045 & 1045L <sup>3</sup>	General Chemistry I & Lab	4	BSC 2085 & 2085L	Anatomy & Physiology I & Lab	4
MAC 1105 <sup>3</sup>	College Algebra	3	MAC 1114	Plane Trigonometry	3
PSY 2012 <sup>3</sup>	General Psychology	3	HSC 2400	Standard First Aid	3
SLS 1401	Career and Life Planning	1	HUN 1201	Elements of Nutrition	3
SLS 1101	Orientation	1			
<b>TOTAL</b>		<b>15</b>	<b>TOTAL</b>		<b>16</b>

**SOPHOMORE YEAR**

1st Semester		Sem. Hrs.	2nd Semester		Sem. Hrs.
XXX XXXX <sup>1</sup>	GORDON RULE WRITING	3	XXX XXXX <sup>1</sup>	GORDON RULE WRITING	3
BSC 2086 & 2086L	Anatomy & Physiology II & Lab	4	SPC 2608 <sup>3</sup>	Effective Public Speaking	3
HSC 1100	Personal and Community Health	3	XXX XXXX <sup>1,5</sup>	SOCIAL SCIENCE	3
CHM 1046 & 1046L	General Chemistry II with Lab	4	STA 2023 <sup>2,3</sup>	Intro to Statistics	3
XXX XXXX <sup>1</sup>	HUMANITIES CORE	3	PHY 1053C	General Physics I with Lab	4
<b>TOTAL</b>		<b>17</b>	<b>TOTAL</b>		<b>16</b>

<sup>1</sup> See General Education Requirements in the Current Chipola College Catalog.

<sup>2</sup> If you have completed STA 2122, you have met this requirement. You cannot receive credit for both STA 2122 and STA 2023.

<sup>3</sup> Common Prerequisite. Minimum grade of "C" required.

<sup>4</sup> For students seeking admission to graduate health-profession programs (Physical Therapy, Occupational Therapy, Medical School, Physician's Assistant) it is recommended to take (BSC 2010 & Lab, BSC 2011 & Lab, PHY 1053 & Lab, PHY 1054 & Lab, DEP 2004 or PSY 2012).

<sup>5</sup> **All first-time-in-college students (Fall 2018 and beyond) are required to demonstrate competency in civic literacy through one of the following options:**

1) successfully passing either POS 2041 American Federal Government or AMH 2020 American History Since 1865, or 2) achieving the standard score on AP Government and Politics: United States, AP United States History or CLEP: American Government.

**2020-2021**

For more information  
**Contact:**  
 Student Affairs  
 Chipola College  
 (850) 718-2266

